



Drop off/Registration: Williford Dorm (overnight campers) Women's Lacrosse Field (day campers)

Overnight Camper Registration: 11:00am-12:15pm

Day Camper Registration: 1:00pm-2:15pm

Emergency Contact: Brice Queener 315-748-3005

Dorm Supervisor: Sylvia Queener 315-719-7030

**\*\*Dorms will have full time athletic trainer both nights\*\***

**Items to bring:**

***Stick, goggles, mouthpiece***

***Water bottle***

***Athletic apparel (shirt, shoes, shorts, practice jersey w/number is provided)***

***Linens (sheets, pillow, blanket)***

***Dorms have AC!!***

***Snacks***

**June 9<sup>th</sup>, 2014**

**11:00am-12:15pm Overnight Camper Registration in front of Williford Dorm**

**12:30pm-1:30pm Lunch at Catherine Burrow Refectory—for Overnight Campers only (meal is included in camper fee)**

**1:30pm-2:15pm DAY CAMPER SIGN IN at Women's Lacrosse/Field Hockey Field**

**2:30pm-2:45pm Introduction to coaching staff (NCAA coaches: Brice Queener, Brett Queener, Katrina Dowd, Sylvia Queener, Juli Liebig, Carlee Buck, Julia Decker)**

**2:45pm-4:45pm First lacrosse session: hybrid stick work, shooting, dodging, footwork.**

**5:00pm-6:00pm Dinner—FOR ALL CAMPERS (meal is included in camper fee) at the Catherine Burrow Refectory**

**6:15pm-8:15pm 2<sup>nd</sup> field session. Warm up and games coached by NCAA Coaches**

**8:15pm-Day Campers Depart**

**8:15pm-9:45pm Overnight campers free time in dorm (supervised by camp staff)**

**10:00pm Lights out**

**June 10<sup>th</sup>, 2014**

**7:30am-8:15am Breakfast for OVERNIGHT CAMPERS in Catherine Burrow Refectory (meal is included in camper fee)**

**8:45am-9:00am Day campers arrive to Women's Lacrosse/Field Hockey Field**

**9:00am-11:00am 3<sup>rd</sup> on field session (drills, competitions, mini-games)**

**11:30am-12:30pm Lunch for ALL CAMPERS in the Catherine Burrow Refectory (meal is included in camper fee)**

**12:30pm-1:30pm NCAA Coaches Talk about Playing Lacrosse in College**

**1:45pm-3:45pm Games—Each team coached by NCAA coach**

**4:00pm-5:00pm Dinner for ALL CAMPERS in the Catherine Burrow Refectory (meal is included in camper fee)**

**5:00pm-6:00pm Free Time in Lynx Lair (supervised by camp staff) Camper giveaways for awards (Stick, Shirt, practice jersey).**

**6:00pm-8:00pm Warm up and Playoff Games begin!!**

**8:15pm Day Campers Depart**

**8:30pm-9:30pm Free time in dorm (supervised by camp staff)**

**10:00pm LIGHTS OUT**

**June 11<sup>th</sup>, 2014**

**7:30am-8:00am Breakfast in Catherine Burrow Refectory (meal is included in camper fee)**

**8:30am-10:30am Last on Field playing Session. Championship game!!**

**11:00am Camp completed, day campers dismissed, overnight campers check out of dorms.**

**See you next year!!**